

## FREQUENTLY ASKED PRODUCT QUESTIONS (Answered by Rick Jay)

**-How does the JARIK Fluid Cushion compare to the Jay Cushion?** (Jay is a trademark of Sunrise Medical)

In a nutshell, it is very comparable. I designed both products so here is my point of view: I like the Jay for its slightly better quality of materials: the urethane film enclosing the fluid is softer and more supple, so it slightly better relieves shear forces; the fluid is lighter in weight, saving about 2 lbs on the weight of the cushion; and the fabrics are of better quality, allowing them to be machine dried. On the other hand, the JARIK Fluid Cushion provides comparable pressure relief, stability and posture support at a small fraction of the price. And the JARIK has an added feature that allows adjustment of the fluid level, without ordering fluid supplement pads. In addition, every JARIK Fluid Cushion comes with free leg-positioning wedges which are an expensive option on the Jay Cushion.

**-How does the JARIK Fluid Cushion compare to the Roho Cushion?** (Roho is a trademark of the Roho Group.)

For most people, I like the JARIK Fluid Cushion better. Its pressure and shear relief is comparable, but it offers significantly better stability, posture, ease of maintenance and ease of transfers. However, the Roho is an excellent pressure relief cushion and I would not change someone to the JARIK unless they were having a problem.

**-How low are sitting pressures on the JARIK Fluid Cushion?**

The pressure mappings done by us and others, so far, show pressures on the JARIK Fluid Cushion to be comparable to the Jay and Roho (see pressure study under "Education" on our website). However, sitting pressures, particularly on people with paraplegia and quadriplegia, are usually above capillary blood pressure, meaning there might still be some restriction of capillary blood flow – which is why all people at pressure sore risk should practice some sort of weight shift to regularly relieve pressure at the seat bones and tailbone.

**-Can I sit on the JARIK Fluid Cushion if I have an existing pressure sore at the ischial tuberosity (seat bone) or coccyx (tailbone) ?**

Only if it's a stage 1 (skin redness) or stage 2 (small skin opening) and then for only a 1-2 hours at a time until the sore is healed. Larger pressure sores should be healed under the supervision of a doctor before sitting for more than a few minutes should be permitted. However, sores on the sacrum or trochanter are related to bed-lying and sitting on the cushion should actually help them improve.

**-How does the JARIK Foam cushion compare to a standard flat foam cushion?**

For 95% of sitters, I would prefer the JARIK Foam Cushion over any flat foam cushion. The JARIK (contoured) Foam Cushion is more comfortable, more stable, provides better posture and will last 2-5 times longer, because of its superior-

quality molded foam and urine protection system. In the case of an above-the-knee amputee, the flat cushion might be more comfortable if it helps the stump lay flatter. The flat cushion might also be slightly easier to transfer from, at the sacrifice of not holding the hips to the back of the chair.

**-How can I buy a JARIK Cushion?**

Contact us at [www.jarikmedical.com](http://www.jarikmedical.com) for the name of your nearest distributor.

**-Other questions?**

Please study our product descriptions at [www.jarikmedical.com/en/products.php](http://www.jarikmedical.com/en/products.php) .  
If not answered, contact us at [www.jarikmedical.com](http://www.jarikmedical.com)